



Swindon Women's Aid
working together to help change lives

We are committed to empowering and supporting victims and survivors of domestic abuse; by providing a range of flexible and accessible services that promote positive change.

Using our knowledge and expertise we inform policy and raise awareness to protect and keep victims and survivors safe.

Our Values

- We are committed in heart and mind to challenging domestic abuse
- We empower today's victims to become tomorrow's survivors
- We are open minded and compassionate in our approach
- We respect the choices of all service users and are empathic to their needs
- Our teams strive for excellence in all services they deliver
- We build honest and trusting relationships
- We challenge inequality and respect diversity
- We walk alongside individuals nurturing confidence and independence

Swindon Women's Aid is a registered charity (number 268048)

For further information on all of our services visit our website at www.swindonwomensaid.org or contact us on:

Swindon Women's Aid
Community Outreach Team
01793 614444

Swindon Women's Aid 24 Hour staffed helpline
01793 610610

You can write to us at:

Swindon Women's Aid
P.O.BOX 3816
Swindon SN5 1BQ

Or email us at: office@swindonwomensaid.org

Other useful contacts:

Domestic Abuse Investigation Team (Police):
01793 507801

Police (Non-emergency): 101

Samaritans: 01793 537373

Sexual Assault Referral Centre: 0808 168 0024

National Stalking Helpline: 0808 802 0300

ManKind: 01823 334244 (Mon-Fri 10-4 & 7-9)

Broken Rainbow: 03009 995428

Forced Marriage Unit: 0207 7008 0151



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Swindon Domestic Violence Outreach Service

**Swindon Women's Aid &
Male Advocacy Service**
Integrated Domestic Abuse Services

**Support for female and male
victims of Domestic Abuse
and Violence**

01793 614444

What is Domestic Violence and Abuse?

It includes any/all of the following:

- Physical abuse
- Being intimidated
- Being isolated from friends or family
- Degradation and humiliation
- Sexual abuse or assault
- Forced marriage
- Being treated without respect
- Having limited or no control over money

These all centre around Power and Control within a relationship.

This might be within an intimate relationship, including a same sex relationship or a previous relationship. It might be within a family relationship for example an older child abusing a parent. You don't have to be living with someone to experience abuse.

If you feel that you are suffering from any of the above in your relationship or have experienced abuse in previous relationships and are finding it hard to move forward, give the Outreach Team a call on 01793 614444.



**Remember:
In an emergency
always call 999**

What is Outreach Support?

Swindon Women's Aid Community Outreach Service supports male and female victims of domestic violence and abuse who want help and support and who want to continue to live in their local community.

This includes victims who are currently in a relationship or who have experienced abuse from a previous relationship. This includes those in same sex relationships and those who do not share a home with their abusive partner.

Our experienced staff can offer victims and survivors in the community a confidential, non-judgemental support service that is tailored to suit the needs of the individual.

The support worker will work with you to look at options and support you with your decisions, giving information, advice and guidance every step of the way. We can also work with other agencies to support you and provide signposting for you to access other relevant services which can help you.

We provide a one-to-one based service with every victim having an individual outreach worker to help develop a support plan to assist them in moving forward in a safe and practical way. We can support you in leaving an abusive relationship or advice on safety planning while you remain in the relationship.

We have a variety of community venues where we can meet you to discuss the service and support we can provide, or we can visit you in your home where this is appropriate.

Our community outreach service is confidential and free of charge. It is accessible to both female and male victims of domestic violence and abuse.

Making a Referral

The Community Outreach service can be accessed by an individual through a self-referral directly to the service.

Just call us on 01793 614444.

About Swindon Women's Aid

Swindon Women's Aid provides a fully integrated domestic violence and abuse service. This includes community outreach, independent domestic violence advocacy, refuge accommodation, children's services and training services.

All contact with us is confidential no matter how you decide to contact us - by telephone, face to face appointments or via our website.

We also provide general information, advice and support for individuals who want to learn more about our services or who want to support a friend or family member who is in an abusive relationship.

Our service is accessible to both female and male victims, it operates 24 hours a day and 365 days a year, it's confidential and free of charge

www.swindonwomensaid.org

Helpline: 01793 610 610 (24 hour)



SwindonWomensAid



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